

Serial Number **1953/151**



**THE PHYSIOTHERAPY REGULATIONS 1953**

C. W. M. NORRIE, Governor-General

**ORDER IN COUNCIL**

At the Government House at Wellington, this 11th day of November  
1953

Present:

HIS EXCELLENCY THE GOVERNOR-GENERAL IN COUNCIL

PURSUANT to the Physiotherapy Act 1949, His Excellency the Governor-General, acting by and with the advice and consent of the Executive Council, hereby makes the following regulations.

**REGULATIONS**

**PART I—PRELIMINARY**

1. These regulations may be cited as the Physiotherapy Regulations 1953.

*Interpretation*

2. In these regulations, unless the context otherwise requires,—
  - “The Act” means the Physiotherapy Act 1949:
  - “Hospital” means a hospital or other institution controlled or maintained by a Hospital Board or by a Department of State:
  - “Principal” means the person in charge of a principal training school:
  - “Principal training school” means a hospital for the time being approved by the Board as a training school for physiotherapists in which a complete course may be given, or in which the principal portion of the course may be given supplemented by a period of training at a subsidiary training school:
  - “Secretary” means the Secretary to the Physiotherapy Board:
  - “State Examination” means the State Examination in Physiotherapy referred to in regulation 6 (1) hereof:
  - “Student physiotherapist” means a person who has been accepted for training to qualify as a physiotherapist:

“Subsidiary training school” means a hospital for the time being approved by the Board as a training school for physiotherapists in which such limited period of training and instruction as may be determined by the Board may be given:

“Training school” means a hospital where persons may undergo training for the purposes of these regulations:

Expressions defined in the Act have the meanings so defined.

## PART II—TRAINING, EXAMINATION, AND REGISTRATION OF PHYSIOTHERAPISTS

### *Duration of Period of Training for Physiotherapists*

3. (1) Subject to the provisions of section 20 of the Act, the period of training as a student physiotherapist required to be undertaken by every person seeking to be registered as a physiotherapist under section 10 (a) of the Act shall be not less than thirty months nor more than forty months, as the Board from time to time decides.

(2) Except as hereinafter provided, a student physiotherapist shall undergo the complete course of the prescribed training either in one principal training school, or in one principal training school and such one or more subsidiary training schools as the Board from time to time decides.

(3) A student physiotherapist unable to complete a period of training in one training school may, with the approval of the Board and subject to such conditions, if any, as it sees fit to impose, be allowed to complete that period of training in another training school.

### *Course of Training of Physiotherapists*

4. (1) For the purposes of section 10 (a) of the Act, the course of training in theoretical and practical instruction required to be received by every person seeking to be registered as a physiotherapist under Part II of the Act shall be the course of instruction specified in the First Schedule hereto.

(2) The governing body of every training school shall cause the course of instruction required by these regulations to be conducted, or such part of that course as the Board may determine in each case, and shall furnish such material for the purpose of instruction as the Board may direct.

(3) All lectures and instruction shall be delivered by registered medical practitioners or registered physiotherapists holding such teaching qualifications as are recognized by the Board, or by such other competent lecturers or instructors as are approved by the Board in that behalf.

(4) Every student physiotherapist, after he has undergone not less than five months of the period of training, shall, as part of his training present himself for an examination in the part of the syllabus covered to that date, known as the Preliminary Examination, which shall be conducted by the governing body of his principal training school.

(5) Any candidate failing to present himself for the Preliminary Examination, or so presenting himself and failing to pass the examination, shall not be permitted to continue his training in the same training

year. Any such candidate may, at the discretion of the principal, recommence training at the commencement of the next ensuing training year or, with the approval of the Board, at the commencement of a subsequent training year. Any student who so recommences training may present himself for the Preliminary Examination held in the year in which training is recommenced:

Provided that if the student's failure to present himself for the Preliminary Examination is due to sickness or some other reason held by the principal to be sufficient, the principal may in his discretion arrange for the student to sit a special examination.

(6) This regulation shall be construed subject to the provisions of section 20 of the Act.

#### *Notifications from Training Schools to Board*

5. The principal of a principal training school and the governing body of a subsidiary training school shall furnish to the Board such reports on the staff, numbers of patients, types of cases, facilities, and student physiotherapists as the Board may from time to time require.

#### *The State Examination in Physiotherapy*

6. (1) The examination required to be passed by every person seeking to be registered as a physiotherapist under section 10 (a) of the Act shall be the examination conducted by the Board in the manner and in the subjects specified in the Second Schedule hereto. The examination shall be known as the State Examination in Physiotherapy, and shall consist of Part I and Part II as appearing in that Schedule.

(2) The examination in respect of Part I of the State Examination shall be held after not less than eighteen months of training, unless the Board in its discretion otherwise directs.

(3) No student physiotherapist shall present himself for the examination in respect of Part I of the State Examination unless, at the date of commencement thereof, he has—

(a) Passed the Preliminary Examination referred to in regulation 4 hereof; and

(b) Completed the period and course of training and instruction relating to the subjects for the examination in respect of the said Part I prescribed in the Second Schedule hereto.

(4) The examination in respect of Part II of the State Examination shall be held at the end of the period of training prescribed by regulation 3 hereof. No candidate shall present himself for examination in respect of Part II unless he has passed the examination for Part I and has completed the full period and course of training prescribed by these regulations.

(5) If any candidate is credited with passing the State Examination after having presented himself therefor otherwise than in conformity with the provisions of this regulation, the fact that he is so credited shall not be deemed to satisfy the Board that he has passed that examination pursuant to the provisions of the Act.

(6) Every candidate for the State Examination shall make separate application in respect of each Part thereof on a form to be provided by the Board. The application shall be so forwarded as to be received by the Secretary at least six weeks before the date of commencement of the Part of the examination for which the candidate intends to present himself.

(7) There shall be tendered with each such application—

(a) A certificate of training, in a form to be provided by the Board, verified by the principal responsible for the candidate's training; and

(b) In respect of Part I of the State Examination, a certificate that the candidate has passed the Preliminary Examination referred to in regulation 4 hereof; and

(c) The appropriate fee as provided by regulation 16 hereof.

(8) Notwithstanding anything to the contrary in these regulations, the Board may, if it thinks fit—

(a) Permit any candidate to sit Parts I and II of the State Examination at the end of the prescribed period of training, or to sit Part II without having passed Part I; or

(b) Subject to payment of the appropriate fee for re-examination as provided by regulation 16 hereof, permit any candidate failing in Part I or Part II or any section or sections of either or both Parts, to sit such Part or section or sections again at such time as the Board may decide, subject to such further period of training, if any, as the Board may determine.

(9) This regulation shall be construed subject to the provisions of section 20 of the Act and of regulation 7 hereof.

#### *Sitting Examination where Training Interrupted*

7. (1) Notwithstanding anything to the contrary in these regulations, any student physiotherapist whose training has been interrupted shall be entitled, with the approval of the principal responsible for his training, to sit the Preliminary Examination and Parts I and II of the State Examination if he is otherwise eligible, and if the total period of interruption of such training does not exceed six weeks in the aggregate:

Provided that if such period exceeds six weeks, the Board may, on the recommendation of the principal, permit the student physiotherapist to sit any such examination subject to such conditions, if any, as the Board thinks fit.

(2) Except where the total period of interruption of training does not exceed six weeks in the aggregate, the last preceding subclause shall not be construed to entitle any person to be registered as a physiotherapist until he has completed the period of training and undergone the full course of training required by these regulations.

#### *Registration*

8. (1) Every application for registration as a physiotherapist shall be in a form to be provided by the Board. There shall be endorsed on the said form the provisions of sections 10, 11, 15, 17, and 18 of the Act.

(2) Every applicant for registration under the Act shall furnish evidence sufficient to satisfy the Board that he is of good character and reputation. The Board may, in its discretion, in any case withhold registration until it is furnished with adequate evidence under this subclause, and may decline to register any applicant who fails to satisfy it regarding his character and reputation.

(3) There shall be submitted with every application for registration made by a person trained elsewhere than in New Zealand the following original certificates:

- (a) A certificate of training and examination; and
- (b) A certificate of registration (if any).

(4) Every person trained elsewhere than in New Zealand and applying for registration under the Act as a physiotherapist by virtue of the possession of a certificate of training and examination mentioned in subclause (3) of this regulation shall supply the Board with satisfactory proof of his identity, and shall furnish such evidence as the Board may require of the nature of the training undergone, the practical experience acquired, and the examination passed outside New Zealand.

(5) A certificate of registration under the Act shall be in the form No. 1 in the Third Schedule hereto, or to the like effect.

#### *Form of Register*

9. (1) There shall be entered in the register the following details of every person registered under the Act, namely:

- (a) Registration number:
- (b) Date registration approved:
- (c) Name in full:
- (d) Where trained:
- (e) Qualifications:
- (f) Such other particulars as the Board may require.

(2) The register shall be kept in such form and in such manner as the Board from time to time determines.

(3) A failure to comply with the requirements of the Board as to the form and manner of keeping the register shall not affect the validity of the register.

#### *Entry in Register of Additional Qualifications*

10. (1) Every application under section 14 of the Act for the insertion in the register of particulars of any approved certificate, diploma, or licence other than that by virtue of which the applicant is registered shall be in a form to be provided by the Board, and shall be accompanied by such evidence as may be required by the Board that the applicant is the holder of the qualification to which the application relates.

(2) The Board may, in its discretion, on application in that behalf, direct that particulars of any certificate, diploma, or licence other than that by virtue of which a person is registered, being a certificate, diploma, or licence obtained before the coming into force of these regulations and of a kind approved by the Board under section 14 of the Act, shall be inserted in the register.

## PART III—MISCELLANEOUS

*Secretary to the Board*

**11.** (1) The Board may from time to time procure the appointment of some employee of the Public Service to be the Secretary to the Board.

(2) The fact that any person describes himself in any document or signs any document as the Secretary to the Board shall be sufficient evidence, until the contrary is proved, that he is the Secretary to the Board for the time being, and that he has been duly appointed to that office.

*Evidence of Decisions of Board*

**12.** The determination of the Board on any matter within its jurisdiction under the Act or these regulations shall be sufficiently authenticated if set out in writing signed by the Registrar or the Secretary.

*Service of Notices*

**13.** Any notice to be given by the Board under these regulations shall, except where otherwise provided in these regulations, be sufficient if given in writing, signed by the Registrar or Secretary, and sent by ordinary prepaid letter post to the addressee at his last known address, and shall when so given be deemed to have been given at the time when in the ordinary course of post it would be delivered at that address.

*Service of Notices in Respect of Disciplinary Powers of Board*

**14.** Every notice required to be served on any person in respect of the exercise or proposed exercise of the disciplinary powers of the Board under section 24 of the Act shall be served by posting it by registered letter addressed to that person at his last known address in New Zealand. A notice so posted shall be deemed to have been served at the time when the registered letter would in the ordinary course of post be delivered; and in proving service it shall be sufficient to prove that the letter was properly addressed and posted.

*Appeals*

**15.** (1) Where the Board refuses to enter the name of any person in the Register of Physiotherapists, or refuses to grant any person a licence under section 22 of the Act, or removes the name of any person from the register, or suspends his registration or imposes on him any penalty, the Registrar shall forthwith inform that person of the reason for the Board's decision.

(2) If the person decides to appeal from that decision, he shall give to the Registrar notice of appeal in the form No. 2 in the Third Schedule hereto, or to the like effect.

(3) The assessors on the Board of Appeal shall be appointed by the Minister of Health. One such assessor shall be appointed on the recommendation of the appellant and the other on the recommendation of the Board.

(4) Within thirty-one days after receiving the notice of appeal the Registrar shall inform the appellant of the name of the person appointed to act as assessor on behalf of the Board at the hearing, and of the name of the Magistrate who will be a member and the Chairman of the Board of Appeal, and shall at the same time send to the Magistrate a copy of the Board's decision and of the notice of appeal.

(5) The Board of Appeal shall hear and determine the appeal at such convenient place and time as may be decided by the Magistrate.

(6) The Magistrate shall cause at least seven days' previous notice of the place and time of hearing to be given to the assessors, the Board, and the appellant.

(7) At the hearing of the appeal the appellant may himself appear and give evidence, and may either be heard in person or be represented by some other person or by solicitor or counsel; and evidence may be given on behalf of the Board by any person, whether a member thereof or not, appointed by the Board, and any such person may be heard on behalf of the Board or the Board may be represented by solicitor or counsel.

(8) The order made in respect of the appeal shall be in writing signed by the Magistrate and at least one of the assessors. A copy of the order shall be given to the appellant and a copy to the Board; and the Board shall forthwith give effect to the order.

#### *Fees*

**16.** (1) There shall be payable by every applicant for admission to the State Examination a fee of £1 1s. in respect of each section as set out in the Second Schedule hereto, except that in respect of section 3 in Part II of that Schedule a fee of £2 2s. shall be payable.

(2) The fee for re-examination shall be £1 1s. for each section in which the applicant is re-examined, except that in respect of section 3 in Part II of the Second Schedule hereto a fee of £2 2s. shall be payable.

(3) There shall be payable by every applicant for registration a fee of £3.

(4) The fee for the issue of a certificate of registration shall be 10s.

(5) The fee for the issue of an annual practising certificate shall be 10s.

(6) The fee for the restoration of a name to the register, pursuant to application under section 16 (4) of the Act, shall be 10s.

(7) The fee in respect of the grant or renewal of any licence under the Act, not being a licence under section 22 of the Act, shall be 10s:

Provided that no fee shall be payable in respect of the grant or renewal of a licence required for the purpose of his official duties by a person employed in any Department of State or by any Hospital Board.

(8) All fees shall be paid in cash at the time of application.

#### *Revocations and Savings*

**17.** (1) The regulations specified in the Fourth Schedule hereto are hereby revoked.

(2) Without limiting the provisions of the Acts Interpretation Act 1924, it is hereby declared that the revocation of any provision by these regulations shall not affect any document made or any thing whatsoever done under the provision so revoked or under any corresponding former

provision, and every such document or thing, so far as it is subsisting or in force at the time of the revocation and could have been made or done under these regulations, shall continue and have effect as if it had been made or done under the corresponding provision of these regulations and as if that provision had been in force when the document was made or the thing was done.

## SCHEDULES

### FIRST SCHEDULE

[Reg. 4 (1)]

#### COURSE OF INSTRUCTION FOR PHYSIOTHERAPY STUDENTS

1. *Anatomy and Physiology*.—To be covered by a series of lectures and demonstrations. A sound general knowledge of the subject is expected, and a detailed knowledge is required of those parts of the subject to which physiotherapy has special application. Great importance is to be attached to surface anatomy. Chemical formulae are not required.

2. *Educational Gymnastics*.—To be covered by a course of theoretical and practical instruction and practice in the teaching of exercises; conduct of classes; corrections during class; prevention of accidents; elementary vaulting; games; rhythmic work.

3. *Medicine and Surgery*.—Medical and surgical conditions to be covered by a series of lectures and demonstrations.

A detailed knowledge is required of the application of physiotherapy to medical and surgical conditions.

A detailed knowledge is required of the etiology, pathological changes, signs, and symptoms of the various conditions treated by physiotherapy, together with a general outline of the medical, surgical, and operative procedures in their management. A general outline only is required of conditions not usually treated by physiotherapy, but which may be encountered in the practice of physiotherapy.

General pathology and bacteriology; traumatic conditions; deformities; diseases of bones and joints; rheumatic conditions; diseases of muscles and fascia; constitutional diseases; diseases of the circulatory system; diseases of the respiratory system; diseases of the nervous system; diseases of the abdominal and pelvic organs; venereal diseases; diseases of the endocrine glands; diseases of the eye and ear; skin conditions; septic conditions.

The use and care of all instruments and appliances encountered in the practice of physiotherapy; bandages, slings, and plaster work.

4. *Physiotherapy (Theory and Technique of Massage and Remedial Exercises)*.—To be covered by a course of theoretical and practical instruction, including the history of physiotherapy, professional etiquette, the general care of patients, and the supervised treatment of patients.

A detailed knowledge of all forms of massage and remedial exercises is required:

*Massage*.—Theory, technique and practice; effects, therapeutic value of and contra-indications for all types of massage manipulations. The application of massage to medical and surgical conditions.

*Remedial Exercises*.—Theory, technique and practice, effects, therapeutic value of and contra-indications for all types of passive manipulations and active movements. Under-water exercises.

The use, care, and maintenance of all remedial exercise equipment. The application of remedial exercises to medical and surgical conditions.

5. *Electrotherapy*.—To be covered by a course of theoretical and practical instruction, including the supervised treatment of patients.

General principles; oscillatory circuits; transmission of electrical energy; types of therapeutic currents; characteristics of all currents; application to the body; effects and uses; treatments; electrical reaction and muscle testing. Construction, wiring, working, and care of all apparatus used for the production and application of therapeutic currents.

6. *Actinotherapy*.—To be covered by a course of theoretical and practical instruction, including the supervised treatment of patients. General principles; application to the body; effects, uses, and treatments.

Construction, wiring, working, and care of all apparatus used for the production and application of therapeutic wave lengths.



FIRST SCHEDULE—*continued*

## SUBJECTS NOT INCLUDED IN THE STATE EXAMINATION IN PHYSIOTHERAPY

1. *Maternity Exercises*.—A course for women students only, to be covered by theoretical and practical instruction, including the supervised treatment of patients.
2. *Occupational Therapy*.—An outline of the principles and application for diversional and remedial purposes.

[Reg. 6 (1)]

## SECOND SCHEDULE

## STATE EXAMINATION IN PHYSIOTHERAPY

The State Examination shall be divided into six sections falling under two Parts as follows:

*Part I*

*Section 1: Anatomy and Physiology*.—The examination shall consist of—

- (a) A written examination:
- (b) A viva voce examination.

*Section 2: Educational Gymnastics*.—The examination shall consist of—

- (a) A written examination:
- (b) A practical examination in individual performance:
- (c) A practical examination in the group teaching of exercises.

*Part II*

*Section 3: Medicine and Surgery*.—The examination shall consist of—

- (a) A written examination in medical and surgical conditions:
- (b) A viva voce examination in surgical conditions:
- (c) A viva voce examination in medical conditions:
- (d) A written examination } in the treatment of medical and surgical conditions
- (e) A practical examination } by massage and remedial exercises.

*Section 4: Physiotherapy (Massage and Remedial Exercises)*.—The examination shall consist of—

- (a) A written examination in the theory and technique of massage and remedial exercises:
- (b) A practical examination in the technique of massage:
- (c) A practical examination in the technique of remedial exercises.

*Section 5: Electrotherapy*.—The examination shall consist of—

- (a) A written examination } in theory and technique and the treatment of
- (b) A practical examination } medical and surgical conditions by electrotherapy.

*Section 6: Actinotherapy*.—The examination shall consist of—

- (a) A written examination } in theory and technique and the treatment of
- (b) A practical examination } medical and surgical conditions by actinotherapy.

Form 1]

[Reg 8 (5)]

## THIRD SCHEDULE

*The Physiotherapy Act 1949*

## CERTIFICATE OF REGISTRATION

THIS is to certify that ..... is registered as a physiotherapist in New Zealand, his (her) name having been duly entered in the Register of Physiotherapists on the ..... day of ..... 19..

Qualifications:.....

Number in Register:.....

Signature of holder:.....

Dated this ..... day of ..... 19..

.....  
Registrar, Physiotherapy Board.

THIRD SCHEDULE—*continued*

Form 2]

## NOTICE OF APPEAL

To the Registrar of Physiotherapists,  
Department of Health,  
Wellington.

TAKE notice that I, ....., of ....., hereby appeal under section 25 of the Physiotherapy Act 1949 against the decision of the Physiotherapy Board, conveyed to me by letter dated the ..... day of ..... 19..

The following are the grounds on which I make my appeal:.....

I hereby recommend ....., of ....., as assessor on my behalf for the purposes of this appeal.

Dated at ....., this ..... day of ..... 19..

*Signature of Appellant:.....*

I hereby consent to act as an assessor for the purposes of this appeal.

*Signature:.....*

## FOURTH SCHEDULE

## REGULATIONS REVOKED

Title	Gazette Reference
The Masseurs Appeal Regulations 1923 ..	13 December 1923, Vol. III, p. 2946.
The Masseurs Registration Regulations 1925	23 December 1925, Vol. III, p. 3433.
The Masseurs Registration Regulations, Amendment No. 1 .. .. .	30 June 1927, Vol. II, p. 2156.
Amending regulations under the Masseurs Registration Act 1920 (dated 27 March 1933)	30 March 1933, Vol. I, p. 558.
The Masseurs Registration Regulations 1925, Amendment No. 5 .. .. .	28 March 1935, Vol. I, p. 796.

T. J. SHERRARD,  
Clerk of the Executive Council.

## EXPLANATORY NOTE

[*This note is not part of the regulations, but is intended to indicate their general effect.*]

These regulations provide for the period and course of training to be undertaken by persons intending to apply for registration under the Physiotherapy Act, the conduct of examinations and the syllabus therefor, the procedure for the registration of physiotherapists, the procedure on appeals from decisions of the Physiotherapy Board, and the fees payable in respect of examinations, registration, annual practising certificates, and other matters under the Act.

Issued under the authority of the Regulations Act 1936.

Date of notification in *Gazette*: 12 November 1953.

These regulations are administered in the Department of Health.