

FISHING METHODS AND DEVICES OF THE MAORI

By Elsdon Best
National Museum Bulletin No. 12
264 p. \$15.95

Another in the series of the Best publications it has been reprinted without revision so that the basic studies may be accessible in the original style. This particular bulletin still remains the only comprehensive account of most aspects of Maori fishing. The descriptions of methods employed in fishing given here are still quite basic for any future studies in this field since no first-hand observations can now be made. The detailed fishing methods outlined are accompanied by descriptions of the artifacts used, together with associated chants, magic formulae, special observances, and fishing lore.

FOLK DANCE DIRECTIONS—STANDARD 2—FORM
DEPARTMENT OF EDUCATION

122 p. Reprint. 1976. \$1.50
From the time of its first printing in 1957, this book has proved to be a very handy reference for teachers. The contents are divided into Junior (or simple), Intermediate, Advanced and Social Dance sections.

FOREST LORE OF THE MAORI

By Elsdon Best
DOMINION MUSEUM BULLETIN No. 14
421 p. 1977. \$17.95

Printed without textual alteration, the work provides an important basis for any study of old-time Maori economics and perhaps more importantly of his attitude to what was a major part of his environment. It will be of more general interest today than when first written, since it stresses so fully the uses made by the Maori people of their natural resources, and supplies basic material for further studies in ethnobotany and ethnozoology. The reverence which the old time Maori showed towards natural resources mirrors the modern concern for ecological principles.

FIVE Bx PLAN FOR PHYSICAL FITNESS

DEPARTMENT OF EDUCATION
32 p. Reprinted. 1977. 60c
Originally produced by the Royal Canadian Air Force, this exercise programme is designed for men.

The 5Bx plan is a scientifically designed approach to physical fitness which can develop an adequate level of reserve energy needed for vigorous positive well being and zestful living.

The exercises can be done by yourself, at home, in your spare time, at your own rate of progress, without discomfort, and in only 11 minutes a day.

(For women see the xBx Plan for Physical Fitness.)

FOREIGN INVESTMENT POLICY IN NEW ZEALAND

Edited by R. H. Carey
128 p. 1975. \$4.50
Foreign investment is an important and controversial issue in New Zealand. This book contains a wide range of facts and argument. Five papers cover the administrative and policy aspects, political attitudes, the degree of foreign ownership in New Zealand, and the benefits and costs of foreign investments. The general reader, as well as the student of the subject, will find this a volume of lively interest and a valuable addition to the small volume of literature available of this topic in New Zealand. Series No. 20. (N.Z. Institute of Public Administration.)

FOREST WILDLIFE

By P. Morrison, Wildlife Service, Department of Internal Affairs and L. H. Harris, Environment Forestry Division, New Zealand Forest Service
Illustrated by P. F. Scaife

48 p., colour plates and drawings. 1974. \$1
In this informative booklet there is a description of 72 of the higher forms of animal life, both native and introduced, which may be seen in New Zealand forests. The main purpose of this booklet is to provide those people who seek recreation in forests with a guide to the wildlife they may see. It is hoped that this will stimulate interests in forest wildlife and supply those unaware of the abundance of animals that live in New Zealand's forest. (Published jointly by Wildlife Service, Department of Internal Affairs, New Zealand Forest Service.)

FREDERICK THATCHER AND ST. PAUL'S

By Margaret Alington
50 p. eighteen illustrations. 75c
The story of Frederick Thatcher and the Colonial Gothic structure he built. This book fills in some gaps in his personal life and his original design for St. Paul's.

GAMES AND PASTIMES OF THE MAORI

by Elsdon Best
(National Museum Bulletin No. 8). Reprinted 1976.
334 p. \$17
First published in 1925 this bulletin is one of the series originally written by Elsdon Best, and has been reprinted without textual alteration. Elsdon Best describes it as "An account of various exercises, games, and pastimes of the natives of New Zealand, as practised in former times; including some information concerning their vocal and instrumental music". Includes an account of musical instruments and Maori song together with games and pastimes of a relaxing nature as well as those involved in ritual and training. Contents include: Military exercises and games, Aquatic games, Children's games, Introduced games, Maori songs and Musical instruments.

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