

Provides data on contraceptive practice, pregnancy planning, family size ideals and expectation, and sterilisation. Gives a bibliography and the eight sections of the questionnaire. Will be of great value to Government departments and groups and organisations involved in the health and social welfare work of New Zealand communities.

### FISHING METHODS AND DEVICES OF THE MAORI

By *Elsdon Best*

National Museum Bulletin No. 12

264 p.

\$15.95

Another in the series of the Best publications it has been reprinted without revision so that the basic studies may be accessible in the original style.

This particular bulletin still remains the only comprehensive account of most aspects of Maori fishing. The descriptions of methods employed in fishing given here are still quite basic for any future studies in this field since no first-hand observations can now be made. The detailed fishing methods outlined are accompanied by descriptions of the artifacts used, together with associated chants, magic formulae, special observances, and fishing lore.

### FIVE Bx PLAN FOR PHYSICAL FITNESS

DEPARTMENT OF EDUCATION

32 p., reprinted. 1977.

60c

Originally produced by the Royal Canadian Air Force, this exercise programme is designed for men.

The 5 Bx plan is a scientifically designed approach to physical fitness which can develop an adequate level of reserve energy needed for vigorous positive well-being and zestful living.

The exercises can be done by yourself, at home, in your spare time, at your own rate of progress, without discomfort, and in only 11 minutes a day.

(For women see the xBx Plan for Physical Fitness.)

### FOREST LORE OF THE MAORI

By *Elsdon Best*

DOMINION MUSEUM BULLETIN No. 14

421 p. 1977.

\$17.95

Printed without textual alteration, the work provides an important basis for any study of old-time Maori economics and perhaps more important of his attitude to what was a major part of his environment. It will be more of general interest today than when first written, since it stresses so fully the uses made by the Maori people of their natural resources, and supplies basic materials for further studies in ethnobotany and ethnozoology. The reverence which the old time Maori showed towards natural resources mirrors the modern concern for ecological principles.

### FREDERICK THATCHER AND ST. PAUL'S

By *Margaret Alington*

50 p., 18 illustrations.

75c

The story of Frederick Thatcher and the Colonial Gothic structure he built. This book fills in some gaps in his personal life and his original design for St. Paul's.

### THE FUTURE FOR NEW ZEALAND AGRICULTURE—

Economic Strategies for the 1980s

By *Ian McLean*

NEW ZEALAND PLANNING COUNCIL

74 p. 1978.

\$4.50

The publication discusses the economic setting, then considers agricultural policy, and next presents alternative economic strategies with particular attention to the agricultural sector.

### GAMES AND PASTIMES OF THE MAORI

By *Elsdon Best*

(National Museum Bulletin No. 8), 1976 Reprint

334 p.

\$17

First published in 1925 this bulletin is one of the series originally written by Elsdon Best, and has been reprinted without textual alteration.

Elsdon Best describes it as "An account of various exercises, games, and pastimes of the natives of New Zealand, as practised in former times; including some information concerning their vocal and instrumental music".

Includes an account of musical instruments and Maori song together with games and pastimes of a relaxing nature as well as those involved in ritual and training.

Contents include: Military exercises and games, Aquatic games, Children's games, Introduced games, Maori songs and Musical instruments.

### GLASSHOUSE TOMATOES—Agriculture Bulletin 3370

DEPARTMENT OF AGRICULTURE

86 p. 1978.

\$3.25

The present text replaces earlier editions of the bulletin. Important factors to consider when establishing a tomato-growing glasshouse, are lighting, soil type, site, water supply, shelter, and proximity to a market. These as well as general cultural practices are dealt with in this bulletin.

### GROUNDWATERS OF THE HUTT VALLEY—PORT NICHOLSON ALLUVIAL BASIN

By *I. G. Donaldson and D. G. Campbell*

D.S.I.R. INFORMATION SERIES No. 124

78 p., illustrated.

\$2.50

A study of the Hutt Valley-Port Nicholson groundwater basin which is one of the major sources of water in the Wellington region, serving both municipal and industrial demands. Presents an analysis of the hydraulic effects of present and future use of the water of this resource basin.

### GROWING, SHARING, LEARNING

120 p. 1977.

\$3

*J. G. JOHNSON, Chairman*

The Report of the Committee on Health and Social Education which was set up in 1976 to:

- Identify the conditions under which healthy growth and development may be fostered in schools.
- To make recommendations on the studies and activities that should constitute school programmes, organisation, and relationships.

Department of Education.

### A GUIDE TO POMPALLIER HOUSE

By *R. M. Ross*

32 p., 5 illustrations.

50c

Describes each room and the furniture in Pompallier House.

### A GUIDE TO WAIMATE MISSION HOUSE

By *J. M. Stacpoole*

32 p., 12 illustrations.

75c

Describes each room and furniture in the Mission House.

### HEALTH ADMINISTRATION IN NEW ZEALAND

Edited by *R. J. Latimer*

127 p.

\$2

Despite the importance of health and health services to the individual and to the community, few are well informed about either the policy issues or the basic organisation of health services. The authors of the papers presented here examine the administration of the health services from different viewpoints and bring together in one place the considerations which are important in their provision. (New Zealand Institute of Public Administration.)

### HIGHWAY BRIDGE DESIGN BRIEF CDP 701/D

MINISTRY OF WORKS

52 p. 1978.

\$3.50

Sets out the loading and other general criteria to be used in the design of conventional bridges on public roads, which are financed wholly or partly from funds provided through the New Zealand National Roads Board.

### HISTORICAL RECORDS OF NEW ZEALAND

Vol. I, 780 p., Vol. II, 650 p.

\$25 per set

The two volumes, edited by Robert McNab, were originally published in 1908 with the object of affording the fullest information obtainable concerning the foundation, progress, and government of New Zealand. This is a limited edition we have had only 1500 sets printed in Ochre Lionide with handsome black and gold blocking on the spine, coloured end paper, and dust jackets. There are still available sets of these valuable prestige volumes.

### HONOURS, TITLES, STYLES AND PRECEDENCE IN NEW ZEALAND

CABINET OFFICE, WELLINGTON

215 p. 1977.

\$13.90

Compiled and edited by Philip P. O'Shea, this book is an informative guide to Honours, Titles, Styles, Precedence and certain allied matters in New Zealand.