

FAMILY GROWTH STUDY

DEPARTMENT OF HEALTH SPECIAL REPORT SERIES No. 48

77 p. 1976. \$4

The preliminary report on the Family Growth Study made in the Hutt Valley presents the initial analysis of the data collected.

Provides data on contraceptive practice, pregnancy planning, family size ideals and expectation, and sterilisation. Gives a bibliography and the eight sections of the questionnaire. Will be of great value to Government departments and groups and organisations involved in the health and social welfare work of New Zealand communities.

FISHING METHODS AND DEVICES OF THE MAORI

By *Elsdon Best*

National Museum Bulletin No. 12

264 p. \$15.95

Another in the series of the Best publications it has been reprinted without revision so that the basic studies may be accessible in the original style.

This particular bulletin still remains the only comprehensive account of most aspects of Maori fishing. The descriptions of methods employed in fishing given here are still quite basic for any future studies in this field since no first-hand observations can now be made. The detailed fishing methods outlined are accompanied by descriptions of the artifacts used, together with associated chants, magic formulae, special observances, and fishing lore.

FIVE Bx PLAN FOR PHYSICAL FITNESS

DEPARTMENT OF EDUCATION

32 p., reprinted. 1977. 60c

Originally produced by the Royal Canadian Air Force, this exercise programme is designed for men.

The 5 Bx plan is a scientifically designed approach to physical fitness which can develop an adequate level of reserve energy needed for vigorous positive well-being and zestful living.

The exercises can be done by yourself, at home, in your spare time, at your own rate of progress, without discomfort, and in only 11 minutes a day.

(For women see the xBx Plan for Physical Fitness.)

FOREST LORE OF THE MAORI

By *Elsdon Best*

DOMINION MUSEUM BULLETIN NO. 14

421 p. 1977. \$17.95

Printed without textual alteration, the work provides an important basis for any study of old-time Maori economics and perhaps more important of his attitude to what was a major part of his environment. It will be more of general interest today than when first written, since it stresses so fully the uses made by the Maori people of their natural resources, and supplies basic materials for further studies in ethnobotany and ethnozoology. The reverence which the old time Maori showed towards natural resources mirrors the modern concern for ecological principles.

FREDERICK THATCHER AND ST. PAUL'S

By *Margaret Alington*

50 p., 18 illustrations. 75c

The story of Frederick Thatcher and the Colonial Gothic structure he built. This book fills in some gaps in his personal life and his original design for St. Paul's.

THE FUTURE FOR NEW ZEALAND AGRICULTURE—

Economic Strategies for the 1980s

By *Ian McLean*

NEW ZEALAND PLANNING COUNCIL

74 p. 1978. \$4.50

The publication discusses the economic setting, then considers agricultural policy, and next presents alternative economic strategies with particular attention to the agricultural sector.

GAMES AND PASTIMES OF THE MAORI

By *Elsdon Best*

(National Museum Bulletin No. 8), 1976 Reprint

334 p. \$17

First published in 1925 this bulletin is one of the series originally written by Elsdon Best, and has been reprinted without textual alteration.

Elsdon Best described it as "An account of various exercises, games, and pastimes of the natives of New Zealand, as practised in former times; including some information concerning their vocal and instrumental music".

Includes an account of musical instruments and Maori song together with games and pastimes of a relaxing nature as well as those involved in ritual and training.

Contents include: Military exercises and games, Aquatic games, Children's games, Introduced games, Maori songs and Musical instruments.

GLASSHOUSE TOMATOES—Agriculture Bulletin 3370

DEPARTMENT OF AGRICULTURE

86 p. 1978. \$3.25

The present text replaces earlier editions of the bulletin. Important factors to consider when establishing a tomato-growing glasshouse, are lighting, soil type, site, water supply, shelter, and proximity to a market. These as well as general cultural practices are dealt with in this bulletin.

GROWING, SHARING, LEARNING

120 p. 1977. \$3

J. G. JOHNSON, *Chairman*

The Report of the Committee on Health and Social Education which was set up in 1976 to:

- (a) Identify the conditions under which healthy growth and development may be fostered in schools.
- (b) To make recommendations on the studies and activities that should constitute school programmes, organisation, and relationships.

Department of Education.

CONTENTS

	PAGE
ADVERTISEMENTS	3031
APPOINTMENTS	2986
BANKRUPTCY NOTICES	3029
LAND TRANSFER ACT: NOTICES	3030
MISCELLANEOUS—	
Corrigendum	2985
Commerce Act: Notices	3002, 3009, 3027
Customs Tariff: Notices	3011
Economic Stabilisation Regulations: Notice	3001
Education Act: Notice	2998
Education Boards Administration Regulations: Notice	3009
Electricity Act: Notice	3000
Exchange of State Forest Land: Notice	3008
Fees Paid for Veterinary Inspection: Notice	2998
Forests Act: Notice	3008
Insurance Companies Deposits Act: Notice	3009
Land Act: Notices	3006
Maori Affairs Act: Notice	2990
Meat Export Prices Act: Notice	3027
Milk Act: Notice	2998
Noxious Plants Act: Notices	3009
Oaths and Declarations Act: Notice	2988
Plant Varieties Act: Notice	3028
Post Office Act: Notice	3002
Private Schools Conditional Integration Act: Notice	3009
Public Works Act: Notices	2989
Regulations Act: Notice	3028
Reserves Act: Notices	2998, 3003
Reserve Bank: Statement	3028
Schedule of Contracts: Notice	3026
Standards Act: Notices	3010
Transport Act: Notice	2999
Wild Animal Control Act: Notice	2998
PROCLAMATIONS, ORDERS IN COUNCIL, AND WARRANTS	2985