

FETTERED FREEDOM—A SYMBIOTIC SOCIETY OF ANARCHY

By B. L. Dallard

DEPARTMENT OF JUSTICE

162 p. 1980. \$8.95 plus p. and p.

In this book on penal sanctions Mr Dallard sets out the conclusions of a life time experience and a vast fund of knowledge. His historical survey of prisons and imprisonment of earlier times reveals the penal philosophy and the administrative practices which we now find appalling and intolerable. Mr Dallard's comments on the controversial topics of homosexual behaviour and of capital and corporal punishment, both now abolished, are revealing and provocative.

FISHING METHODS AND DEVICES OF THE MAORI

By Elsdon Best

National Museum Bulletin No. 12

264 p. \$15.95

Another in the series of the Best publications it has been reprinted without revision so that the basic studies may be accessible in the original style.

This particular bulletin still remains the only comprehensive account of most aspects of Maori fishing. The descriptions of methods employed in fishing given here are still quite basic for any future studies in this field since no first-hand observations can now be made. The detailed fishing methods outlined are accompanied by descriptions of the artifacts used, together with associated chants, magic formulae, special observances, and fishing lore.

FIVE Bx PLAN FOR PHYSICAL FITNESS

DEPARTMENT OF EDUCATION

32 p., reprinted. 1977. 60c

Originally produced by the Royal Canadian Air Force, this exercise programme is designed for men.

The 5 Bx plan is a scientifically designed approach to physical fitness which can develop an adequate level of reserve energy needed for vigorous positive well-being and zestful living.

The exercises can be done by yourself, at home, in your spare time, at your own rate of progress, without discomfort, and in only 11 minutes a day.

(For women see the xBx Plan for Physical Fitness.)

FLORA OF NEW ZEALAND VOLUME III

By A. J. Healy and E. Edgar

220 p. 1980. \$18.50 plus p. and p.

Volumes I and II of Flora of New Zealand were concerned with native plants. The authors call volume III a "weed flora". The book is an identification manual, intended for agriculturists concerned with weed control, for botanists making vegetation surveys, and for anyone who needs to identify those weedy plants.

FOREST LORE OF THE MAORI

By Elsdon Best

DOMINION MUSEUM BULLETIN No. 14

421 p. 1977. \$17.95

Printed without textual alteration, the work provides an important basis for any study of old-time Maori economics and perhaps more important of his attitude to what was a major part of his environment. It will be more of general interest today than when first written, since it stresses so fully the uses made by the Maori people of their natural resources, and supplies basic materials for further studies in ethnobotany and ethnozoology. The reverence which the old time Maori showed towards natural resources mirrors the modern concern for ecological principles.

FREDERICK THATCHER AND ST. PAUL'S

By Margaret Alington

50 p., 18 illustrations. 75c

The story of Frederick Thatcher and the Colonial Gothic structure he built. This book fills in some gaps in his personal life and his original design for St. Paul's.

THE FUTURE FOR NEW ZEALAND AGRICULTURE—Economic Strategies for the 1980s

By Ian McLean

NEW ZEALAND PLANNING COUNCIL

74 p. 1978. \$4.50

The publication discusses the economic setting, then considers agricultural policy, and next presents alternative economic strategies with particular attention to the agricultural sector.

GAMES AND PASTIMES OF THE MAORI

By Elsdon Best

(National Museum Bulletin No. 8), 1976 Reprint

334 p. \$17

First published in 1925 this bulletin is one of the series originally written by Elsdon Best, and has been reprinted without textual alteration.

Elsdon Best described it as "An account of various exercises, games, and pastimes of the natives of New Zealand, as practised in former times; including some information concerning their vocal and instrumental music".

Includes an account of musical instruments and Maori song together with games and pastimes of a relaxing nature as well as those involved in ritual and training.

Contents include: Military exercises and games, Aquatic games, Children's games, Introduced games, Maori songs and Musical instruments.

THE GEOLOGY OF NEW ZEALAND

Edited by R. P. Suggate, et al.

820 p. 1978. \$92.50 plus p. and p.

The definitive work on New Zealand geology, this superbly produced 820-page 2-volume set has been written by some 38 specialists, under the editorship of three of New Zealand's most eminent geologists. The Geology of New Zealand is illustrated with over 370 photographs in colour and monochrome, and with more than 200 maps and line diagrams. A comprehensive supplement is included, incorporating all available new information up to the time of printing, together with five indexes.

GLASSHOUSE TOMATOES—Agriculture Bulletin 3370

DEPARTMENT OF AGRICULTURE

86 p. 1978. \$3.25

The present text replaces earlier editions of the bulletin. Important factors to consider when establishing a tomato-growing glasshouse, are lighting, soil type, site, water supply, shelter, and proximity to a market. These as well as general cultural practices are dealt with in this bulletin.

GOVERNMENT ACCOUNTING IN NEW ZEALAND

By David A. Preston

108 p. 1980. \$9.75 plus p. and p.

This book will be of particular interest to those whose daily occupations bring them into contact with the Government financial system; notably Government officials, journalists, members of Parliament, accountants in business, and the general commercial community, as well as academics and students. The text has, however, also been written with the general reader in mind.

GROWING, SHARING, LEARNING

120 p. 1977. \$3

J. G. JOHNSON, *Chairman*

The Report of the Committee on Health and Social Education which was set up in 1976 to:

- Identify the conditions under which healthy growth and development may be fostered in schools.
- To make recommendations on the studies and activities that should constitute school programmes, organisation, and relationships.

Department of Education.

A GUIDE TO POMPALLIER HOUSE

By R. M. Ross

32 p., 5 illustrations. 50c

Describes each room and the furniture in Pompallier House.