

FITNESS FOR LIVING
Physical Education in Secondary Schools
 DEPARTMENT OF EDUCATION

1980

Fitness for living involves developing the individual's potential for functional efficiency in all aspects of daily living throughout life. This series, consisting of nine titles, will help the reader to understand the nature of the human body. This in turn will lead to an understanding of the need for a balance between work, rest, food, exercise and keeping oneself in good physical condition.

- Book 1: Basics. \$2.45 plus 30c p. and p.
 Book 2: Through Aquatics. \$2.75 plus 30c p. and p.
 Book 3: Through Athletics. \$2.45 plus 30c p. and p.
 Book 4: Through Ball Activities. \$2.45 plus 30c p. and p.
 Book 5: Through Gymnastics. \$3 plus 30c p. and p.
 Book 6: Through Movement and Dance. \$3 plus p. and p.
 Book 7: Through Outdoor Education. \$2.75 plus 30c p. and p.
 Book 8: Through Recreation. \$1.75 plus 30c p. and p.
 Book 9: Planning for Fitness of Living. \$2.45 plus 30c p. and p.

Set of nine books, \$22 plus \$2 p. and p.

FLORA OF NEW ZEALAND VOLUME III

By A. J. Healy and E. Edgar

220 p. 1980. \$18.50 plus \$1.25 p & p

Volumes I and II of Flora of New Zealand were concerned with native plants. The authors call volume III a "weed flora". The book is an identification manual, intended for agriculturists concerned with weed control, for botanists making vegetation surveys, and for anyone who needs to identify those weedy plants.

FREDERICK THATCHER AND ST. PAUL'S

By Margaret Alington

50 p., 18 illustrations. 75c plus 35c p & p

The story of Frederick Thatcher and the Colonial Gothic structure he built. This book fills in some gaps in his personal life and his original design for St. Paul's.

FOREST LORE OF THE MAORI

By Elsdon Best

DOMINION MUSEUM BULLETIN No. 14

421 p. 1977. \$17.95 plus \$1.25 p & p

Printed without textual alteration, the work provides an important basis for any study of old-time Maori economics and perhaps more important of his attitude to what was a major part of his environment. It will be more of general interest today than when first written, since it stresses so fully the uses made by the Maori people of their natural resources, and supplies basic materials for further studies in ethnobotany and ethnozoology. The reverence which the old time Maori showed towards natural resources mirrors the modern concern for ecological principles.

GAMES AND PASTIMES OF THE MAORI

By Elsdon Best

(National Museum Bulletin No. 8), 1976 Reprint

334 p. \$17 plus \$1.25 p & p

First published in 1925 this bulletin is one of the series originally written by Elsdon Best, and has been reprinted without textual alteration.

Elsdon Best described it as "An account of various exercises, games, and pastimes of the natives of New Zealand, as practised in former times; including some information concerning their vocal and instrumental music".

Includes an account of musical instruments and Maori song together with games and pastimes of a relaxing nature as well as those involved in ritual and training.

Contents include: Military exercises and games, Aquatic games, Children's games, Introduced games, Maori songs and Musical instruments.

GLASSHOUSE TOMATOES—Agriculture Bulletin 3370

DEPARTMENT OF AGRICULTURE

86 p. 1978. \$3.25 plus 45c p & p

The present text replaces earlier editions of the bulletin. Important factors to consider when establishing a tomato-growing glasshouse, are lighting, soil type, site, water supply, shelter, and proximity to a market. These as well as general cultural practices are dealt with in this bulletin.

THE GEOLOGY OF NEW ZEALAND

Edited by R. P. Suggate, et al.

820 p. 1978. \$92.50 plus \$4.00 p & p

The definitive work on New Zealand geology, this superbly produced 820-page 2-volume set has been written by some 38 specialists, under the editorship of three of New Zealand's most eminent geologists. The Geology of New Zealand is illustrated with over 370 photographs in colour and monochrome, and with more than 200 maps and line diagrams. A comprehensive supplement is included, incorporating all available new information up to the time of printing, together with five indexes.

GOVERNMENT ACCOUNTING IN NEW ZEALAND

By David A. Preston

108 p. 1980. \$9.75 plus 70c p & p

This book will be of particular interest to those whose daily occupations bring them into contact with the Government financial system; notably Government officials, journalists, members of Parliament, accountants in business, and the general commercial community, as well as academics and students. The text has, however, also been written with the general reader in mind.

CONTENTS

	PAGE
ADVERTISEMENTS	2216
APPOINTMENTS	2170
BANKRUPTCY NOTICES	2213
LAND TRANSFER ACT: NOTICES	2214
MISCELLANEOUS—	
Cinematograph Films Act: Notice	2205
Commerce Act: Notices	2199, 2212
Conscience Money Received: Notice	2192
Corrigendum	2169
Customs Tariff: Notices	2196
Education Act: Notices	2184
Government Railways Act: Notices	2183
Harbours Act: Notices	2193
Heavy Motor Vehicle Regulations: Notice	2193
Land Act: Notices	2184, 2187
Local Government Act: Notice	2185
Maori Affairs Act: Notices	2191
Marriage Act: Notices	2171
National Road Board: Notice	2193
Plant Varieties Act: Notices	2201, 2211
Post Office Act: Notice	2183
Private Schools Conditional Integration Act: Notices	2192
Public Works Act: Notices	2172
Regulations Act: Notice	2211
Reserves Act: Notices	2183
Reserve Bank: Statement	2212
Reserve Bank: Exchange Rates	2193
Reserve Bank: Asset Ratio	2194
Sale of Liquor Act: Notices	2192
Standards Act: Notices	2194
Traffic Regulations: Notice	2193

PROCLAMATIONS, ORDERS IN COUNCIL, AND WARRANTS 2169