

5BX PLAN**ROYAL CANADIAN AIR FORCE**

32 pp. 1981. Third Edition. \$1.75 plus 55c p & p

The five basic exercises (5BX) Plan is designed to show how to develop and hold a high level of physical fitness. The scheme is not dependent on elaborate facilities or equipment. The exercises require only eleven minutes a day and can be done in the house or office. The Plan is scientifically designed to develop personal fitness at a rate set by yourself, to your required level, without getting stiff or sore muscles. It is self measuring with charts for age groupings, along with graduated standards for checking progress. The programmes are designed for varying age groups of males.

TOWN BIRDS OF NEW ZEALAND**Wall Posters**

Size: 840 × 590 mm \$4.95 each plus 55c p & p

Two stunning large wall posters display a total of 35 bird photographs from the book 'Field Guide To Town Birds'. The photographs are shown in full colour against a black background giving a sparkling eye-catching display of each bird in all its photographic detail.

FUR, FEATHER AND FIN*Frances M. Ross*

47 p. 1983. Illustrated. \$2.25 plus 55c p & p

This booklet takes a nostalgic look at a century of wildlife in the Te Anau region. With historical monochrome photographs and text, Frances Ross has compiled a very interesting account of the impact that man has made on the flora and fauna of the region. *A Tourist Guide to Te Anau*, just as it appeared in *Tourist Guide to the Lakes, Mountains and Fiords of Otago*, published by the Government Printer in 1898, has been thoughtfully included to round off this glimpse into our past.

NEW ZEALAND FOREST PARKS*Geoffrey Chavasse and John Johns*

288 p. 1983. Illustrated. \$42.95 plus \$3.60 p & p

New Zealand Forest Parks is one of those books that you will reach for time after time to simply enjoy or to relive visits made, to plan visits to come. Each forest park is described in a separate chapter with photographs, text, maps, and charts to illustrate our nineteen forest parks, perhaps unrivalled for diversity and interest anywhere else in the world.

THE NEW ZEALAND WARS*By James Cowan*

Vol. I, 466 p. Vol. II, 633 p. \$69.50 plus \$4.80 p & p

This book was first published in 1922 and reprinted without amendments in 1955. It has been out of print for many years. This edition has a new and perceptive introduction by Michael King and in addition the original seven page index has been replaced by a substantial and comprehensive index. This 1983 edition is called a facsimile edition because it is being reproduced from the original text. However, the introduction, index and illustrations include alterations and improvements on the original.

ELECTRICITY FOR MOTOR MECHANICS**N.Z. TECHNICAL CORRESPONDENCE INSTITUTE**

256 p. 1983 reprint. Illustrated. \$10.00 plus 85c p & p

Now in paper-back, this popular publication provides a basis for the study of automotive electricity for apprentice motor mechanics. Car owners, too, and persons interested in the general maintenance of motor engines will find the book a reliable guide to the detection and remedy of minor electrical faults.

VISUAL WAYS*By Geoff Moss*

46 p. 1982. Illustrated. \$4.75 plus 55c p & p

Too often people find themselves having to speak in public, to train new employees, to teach various skills, or to give advice on arranging displays and exhibits without having had any relevant basic training. If you are such a person, this book was written to help in getting a message across more effectively by using visual aids.

WHERE TO START*By Vincent Burke***DEPARTMENT OF INTERNAL AFFAIRS**

61 p. 1982. Illustrated. \$5.95 plus 85c p & p

This publication has been designed to help New Zealanders in the initial stages of getting a club, group, or organisation off the ground. The information it contains will be of assistance to a wide variety of different community groups, sporting, cultural, and recreational clubs. Included are suggestions for various administrative frameworks; legal structure, meetings, public relations, finance, and the constitution of the organisation.

ABOUT NEW ZEALAND**MINISTRY OF FOREIGN AFFAIRS**

40 p. 1982. Illustrated. \$4.95 plus 55c p & p

Designed with our overseas friends in mind, About New Zealand is a booklet which briefly describes the land, its people at work, and play, trade, and relationships with other nations and areas: industry and energy; health and welfare. The text is complimented by over 60 colour photographs.

THE NEW ZEALAND GAZETTE

The *New Zealand Gazette* is published on Thursday afternoon of each week. Notices from Government departments must be received by the Gazette Clerk, Department of Internal Affairs, by noon on Tuesday. Advertisements will be accepted by the Government Printer until noon on Wednesdays.

Advertisements are charged at the rate of 20c per line.

All advertisements should be written or typed on one side of the paper, and signatures, etc., should be written in a legible hand.

CONTENTS

	PAGE
ADVERTISEMENTS	49
APPOINTMENTS	6
BANKRUPTCY NOTICES	43
DEFENCE NOTICES	3
LAND TRANSFER ACT: NOTICES	47
MISCELLANEOUS—	
Cinematograph Films Act: Notice	34
Commerce Act: Notices	41
Corrigendum	1
Customs Act: Notice	23
Customs Tariff: Notices	26
Cromwell Borough Council Dog Control Bylaw: Notice	22
Forests Act: Notices	13
Harbours Act: Notices	20
Land Act: Notices	15
Local Authorities Loans Act: Notice	22
Local Government Act: Notice	18
Maori Affairs Act: Notices	20
Mining Act: Notice	33
Misuse of Drugs Act: Notice	21
N.Z. Geographic Board Act: Notices	23
Plant Varieties Act: Notices	40
Post Office Act: Notice	22
Private Schools Conditional Integration Act: Notice	23
Public Works Act: Notices	7
Regulations Act: Notice	31
Reserves Act: Notices	14
Reserve Bank: Statements	38
Reserve Bank: Reserve Asset Ratio	22
Revised Trading Banks' Monthly Credit Limit Statistics: Notice	30
Schedule of Contracts: Notices	37, 40
Stock Regulations: Notice	22
Vocational Training Council Act: Notices	21
Wild Animal Control Act: Notices	21
PROCLAMATIONS, ORDERS IN COUNCIL, AND WARRANTS	1