
GENERAL PUBLICATIONS

CARPENTRY

N.Z. TECHNICAL CORRESPONDENCE INSTITUTE

302 p. 1980 (reprint). Illustrated. \$22.50 plus \$3.60 p & p

Metricated with more than 450 illustrations, this edition contains a set of fold-out house plans. It also highlights safety and safe methods, elementary first aid, house design and construction. Besides providing a basic text for apprentices in the building industry, Carpentry will also provide a sound guide for tradesmen and home-builders.

A DICTIONARY OF THE MAORI LANGUAGEBy *H. W. Williams*

507 p. 1975 \$7.50 plus 85c p & p

The seventh revised edition, augmented by the advisory committee on the teaching of Maori language.

EGMONT NATIONAL PARKEdited by *J. S. Tullett*

114 p. 1980. Fourth edition. \$4 plus 55c p & p

This inexpensive publication that can easily be carried about, provides information that will help many people to understand and appreciate the values of Egmont National Park. This information covers such varied aspects as the plants and vegetation, animals, birds and insects, Maori history, the weather, volcanology, tracks, mountaineering, tramping and ski-ing.

FACSIMILES OF THE TREATY OF WAITANGI

1976. \$12.95 plus \$1.50 p & p

A valuable volume of old New Zealand records comprising:
The Declaration of the Independence of New Zealand.
The original draft of the Treaty by Governor Hobson.
A series of copies of the Treaty itself as finally adopted and signed by the chiefs and witnesses.

The preface and facsimiles are reproduced from lithographic originals first printed 1877. (Government Printer.)

FITNESS FOR LIVING

Physical Education in Secondary Schools

DEPARTMENT OF EDUCATION

1980.

Fitness for living involves developing the individual's potential for functional efficiency in all aspects of daily living throughout life. This series, consisting of nine titles, will help the reader to understand the nature of the human body. This in turn will lead to an understanding of the need for a balance between work, rest, food, exercise and keeping oneself in good physical condition.

Book 1: Basics	\$2.45 plus 55c p & p
Book 2: through Aquatics	\$2.75 plus 55c p & p
Book 3: through Athletics	\$2.45 plus 55c p & p
Book 4: through Ball Activities	\$2.45 plus 55c p & p
Book 5: through Gymnastics	\$3.00 plus 55c p & p
Book 6: through Movement and Dance	\$3.00 plus 55c p & p
Book 7: through Outdoor Education	\$2.75 plus 55c p & p
Book 8: through Recreation	\$1.75 plus 55c p & p
Book 9: Planning for Fitness of Living	\$2.45 plus 55c p & p

Set of nine books: \$22.00 plus \$3.60 p & p

LIVING LETTERS

STATE SERVICES COMMISSION

36 p. 1980 reprint. \$1.75 plus 55c p & p

One of the aims in letter writing is to get ideas across to the reader clearly and briefly. But do letters always say what is meant? Even if they are clear to the writer, will the reader understand them easily? If you are still using the old clichés of "acknowledging receipt of", "according to our records", and "enclosed please find" it is almost certainly time to change your attitude to writing Living Letters.

TREES AND SHRUBS OF NEW ZEALANDBy *A. L. Poole and Nancy M. Adams*

275 p. 1979 fourth impression with amendments.

\$15.95 plus \$1.50 p & p

This book has been designed especially to assist many people who lack a formal botanical training yet are deeply interested in New Zealand's trees and shrubs and want to be able to identify them and name them correctly. There is a complete coverage of the native trees and shrubs and over 400 species have been illustrated.

5BX PLAN

ROYAL CANADIAN AIR FORCE

32 pp. 1981. Third Edition. \$1.75 plus 55c p & p

The five basic exercises (5BX) Plan is designed to show how to develop and hold a high level of physical fitness. The scheme is not dependent on elaborate facilities or equipment. The exercises require only eleven minutes a day and can be done in the house or office. The Plan is scientifically designed to develop personal fitness at a rate set by yourself, to your required level, without getting stiff or sore muscles. It is self measuring with charts for age groupings, along with graduated standards for checking progress. The programmes are designed for varying age groups of males.

TOWN BIRDS OF NEW ZEALAND

Wall Posters

Size: 840 × 590 mm \$4.95 each plus 55c p & p

Two stunning large wall posters display a total of 35 bird photographs from the book 'Field Guide To Town Birds'. The photographs are shown in full colour against a black background giving a sparkling eye-catching display of each bird in all its photographic detail.

FUR, FEATHER AND FIN

Frances M. Ross

47 p. 1983. Illustrated \$2.25 plus 55c p & p

This booklet takes a nostalgic look at a century of wildlife in the Te Anau region. With historical monochrome photographs and text, Frances Ross has compiled a very interesting account of the impact that man has made on the flora and fauna of the region. *A Tourist Guide to Te Anau*, just as it appeared in *Tourist Guide to the Lakes, Mountains and Fiords of Otago*, published by the Government Printer in 1898, has been thoughtfully included to round off this glimpse into our past.

NEW ZEALAND FOREST PARKS

Geoffrey Chavasse and John Johns

288 p. 1983. Illustrated. \$42.95 plus \$3.60 p & p

New Zealand Forest Parks is one of those books that you will reach for time after time to simply enjoy or to relive visits made, to plan visits to come. Each forest park is described in a separate chapter with photographs, text, maps, and charts to illustrate our nineteen forest parks, perhaps unrivalled for diversity and interest anywhere else in the world.

THE NEW ZEALAND WARSBy *James Cowan*

Vol. I, 466 p. Vol. II, 633 p. \$69.50 plus \$4.80 p & p

This book was first published in 1922 and reprinted without amendments in 1955. It has been out of print for many years. This edition has a new and perceptive introduction by Michael King and in addition the original seven page index has been replaced by a substantial and comprehensive index. This 1983 edition is called a facsimile edition because it is being reproduced from the original text. However, the introduction, index and illustrations include alterations and improvements on the original.

KIWIFRUIT CULTUREBy *Pat Sale*

95 p. 1983. \$12.95 plus \$1.50 p & p

This practical guide on kiwifruit culture is illustrated with 78 plates and 23 line drawings. The authoritative text tells the beginner and established grower how best to cultivate the fruit for the market. There is sound advice for the home gardener too.