

|  | \$     |  | \$        |
|--|--------|--|-----------|
| Southland W.E.A.                                     | 1,300  | West Otago Amateur Athletic Club           | 200       |
| Southland Adult Learning Programme                   | 300    | Fiordland Amateur Swimming Club            | 200       |
| <i>Welfare—</i>                                      |        | Mataura Womens Hockey Club                 | 200       |
| Southland Old Peoples Welfare Council                | 1,500  | Eastern Southland Netball Club             | 500       |
| Bluff Senior Citizens                                | 500    | Southland Basketball Association           | 500       |
| Central Southland Senior Citizens                    | 500    | Aparima RSA Bowling Club                   | 500       |
| Gore and District Senior Citizens                    | 600    | Blues Indoor Bowling Club                  | 500       |
| Mataura and District Elderly Citizens Club           | 500    | Gore BMX Club                              | 200       |
| Wakatipu Senior Citizens                             | 500    | Southland Tramping Club                    | 300       |
| Presbyterian Support Services                        | 3,000  | Central Southland Pony Club                | 500       |
| Salvation Army Social Service Centre                 | 3,000  | Browns Home and School Association         | 300       |
| Invercargill Anglican Homes                          | 1,800  | Browns School Committee                    | 500       |
| N.Z. Society I.H.C.—Gore                             | 1,200  | East Gore School Committee Pool Fund       | 1,000     |
| N.Z. Society I.H.C.—Invercargill                     | 2,000  | Menzies College Wyndham                    | 500       |
| N.Z. Crippled Children—Southland                     | 1,800  | St. Joseph's School Committee              | 300       |
| N.Z. Crippled Children Eagles Golf Tournament        | 300    | S.B.H.S. Parent Teacher Association        | 1,500     |
| Birthright Southland Inc.                            | 800    | Wyndham Primary Parent Teacher Association | 300       |
| Heritage Southland Inc.                              | 300    | Otautau Play Centre                        | 200       |
| N.Z. Red Cross—Southland                             | 1,200  | Tapanui Play Centre                        | 200       |
| Royal N.Z. Foundation for Blind                      | 1,200  | Waihopai Play Centre                       | 200       |
| St. Johns Ambulance West Otago                       | 200    | Mataura and District Historical Society    | 500       |
| Southland Centre St. Johns                           | 2,000  | Gore Arts Group                            | 200       |
| Southland Paraplegic Association                     | 800    | Southland Craft Centre                     | 500       |
| Southland Multiple Sclerosis                         | 800    | Southland Cat Fanciers Club                | 300       |
| Gore and District Cot Death Support Group            | 300    | Gore Group of Geneologists                 | 300       |
| Cancer Support Group                                 | 400    | Royal Forest and Bird Society—Gore Branch  | 200       |
| N.Z. Epilepsy Association Southland                  | 400    | Royal Forest and Bird Society              | 300       |
| Southland T/B Association                            | 500    | National Council of Women—Southland Branch | 300       |
| Southland Neurological Foundation                    | 400    | National Council of Women—Gore Branch      | 200       |
| Southland Riding for Disabled                        | 400    | Forest Hill Presbyterian Parish            | 500       |
| Southland Alcoholic Rehabilitation Centre            | 300    | Otago University Sports Trust              | 1,000     |
| Prisoners Aid Society                                | 300    | Queenstown Civic Amenity Lights Project    | 1,000     |
| Southland Merchant Navy Centre                       | 300    | St Paul's Anglican Foundation Appeal       | 2,000     |
| Gore and District Community Counselling Service      | 600    | N.Z. Police Centenary Appeal               | 2,000     |
| Invercargill Budget Advisors Service                 | 200    | N.Z. Historic Places Trust                 | 300       |
| Invercargill Citizens Advice Bureau                  | 300    | Southland Enterprises                      | 2,000     |
| Invercargill Twin Club                               | 200    | <i>Supplementary—</i>                      |           |
| Lifeline Invercargill                                | 800    | Mataura Adventure Playground               | 750       |
| Counselling and Human Relations Centre               | 500    | Gore Volunteer Fire Brigade                | 350       |
| Meals on Wheels                                      | 500    | Elizabeth Clarkson Trust                   | 1,000     |
| Southland Marriage and Family Guidance               | 300    | Royal Forest and Bird Protection Society   | 1,700     |
| Cabrini Circle Catholic Womens League                | 200    | Cowley Park Baptist Camp                   | 300       |
| Hearing Association Southland                        | 400    | Royal Life Saving Society (Southland)      | 500       |
| Invercargill Womens Refuge                           | 300    | Grow Southland Inc.                        | 200       |
| Gore Womens Refuge                                   | 200    | Pregnancy Counselling Service Gore Branch  | 200       |
| Riverton Volunteer Life Boat Society                 | 600    | Southland S.P.C.A.                         | 200       |
| Oreti Surf Life-saving Club                          | 600    | Wakatipu Drama Group                       | 200       |
| Royal N.Z. Society for Health of Women and Children— |        | Lumsden Memorial Hall Committee            | 400       |
| Central Southland                                    | 1,000  | Winton Combined Courts                     | 500       |
| Eastern Southland                                    | 1,000  | Waiau College                              | 500       |
| Invercargill   | 2,000  | Aorangi Flood Appeal                       | 5,000     |
| Northern Southland                                   | 1,000  | Total                                      | \$144,000 |
| Tapanui Sub-Branch                                   | 200    |  |           |
| Western Southland                                    | 1,000  |  |           |
| Trusteebank Southland Medical Foundation             | 23,500 |  |           |
| <i>Youth—</i>  |        |  |           |
| 8th Southland Co. Boys Brigade                       | 200    |  |           |
| Boys Brigade—Southland                               | 800    |  |           |
| Girls Brigade—Southland                              | 800    |  |           |
| Girl Guides Association—Southland                    | 1,000  |  |           |
| Scouts Association—Southland                         | 1,000  |  |           |
| Blue Mountain Scout Group                            | 300    |  |           |
| Otatara Scout Group                                  | 300    |  |           |
| Rimutoa Scout Group                                  | 300    |  |           |
| Windsor Cubs and Scout Group                         | 300    |  |           |
| Youthline Southland                                  | 300    |  |           |
| Southland Youth Adventure Trust                      | 300    |  |           |
| Deep Cove Building Fund                              | 800    |  |           |
| Southland Holiday Camp Association                   | 300    |  |           |
| Youth Hostel Association, Southland                  | 250    |  |           |
| Knox Presbyterian Youth Group                        | 300    |  |           |
| Eastern Southland Youth Services                     | 200    |  |           |
| Mataura Youth Opportunity Trust                      | 300    |  |           |
| YMCA—Invercargill                                    | 3,500  |  |           |
| YWCA—Gore  | 1,000  |  |           |
| Camp Columbia—Pukerau                                | 400    |  |           |
| Camp Taringatua                                      | 400    |  |           |
| Queenstown Christian Camp                            | 400    |  |           |
| Youth For Christ                                     | 300    |  |           |
| Southland Boys and Girls Agriculture Club            | 300    |  |           |
| N.Z. Cadet Forces ATC                                | 400    |  |           |
| <i>Miscellaneous—</i>                                |        |  |           |
| Riverton District Baths Society                      | 500    |  |           |
| Awarua Plains Community Centre and Reserves Board    | 500    |  |           |
| Mararoa Community Centre                             | 500    |  |           |
| Mataura Community Centre                             | 1,000  |  |           |

## GENERAL PUBLICATIONS

### CARPENTRY

#### N.Z. TECHNICAL CORRESPONDENCE INSTITUTE

302 p. 1980 (reprint). Illustrated. \$22.50 plus \$3.60 p & p

Metricated with more than 450 illustrations, this edition contains a set of fold-out house plans. It also highlights safety and safe methods, elementary first aid, house design and construction. Besides providing a basic text for apprentices in the building industry, *Carpentry* will also provide a sound guide for tradesmen and home-builders. \$7.50 plus 85c p & p

The seventh revised edition, augmented by the advisory committee on the teaching of Maori language.

### 5BX PLAN

#### ROYAL CANADIAN AIR FORCE

112 pp. 1986. Fourth Edition. \$5.95 plus \$1.05 p & p

The five basic exercises (5BX) Plan is designed to show how to develop and hold a high level of physical fitness. The scheme is not dependent on elaborate facilities or equipment. The exercises require only eleven minutes a day and can be done in the house or office. The Plan is scientifically designed to develop personal fitness at a rate set by yourself, to your required level, without getting stiff or sore muscles. It is self measuring with charts for age groupings, along with graduated standards for checking progress. The programmes are designed for varying age groups of males.